

New York Heart Association (NYHA) Functional Classification

9th editions (Cardiac Patients)

	Functional Capacity By Class	Objective Assessment*
I	No limitation in physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea, or anginal pain.	No evidence of cardiovascular disease
II	Slight limitation of physical activity, but comfortable at rest. Ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of minimal cardiovascular disease
III	Comfortable at rest. Less than ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of moderately severe cardiovascular disease
IV	Unable to carry on physical activity without discomfort. S/S of heart failure or anginal syndrome may be present even at rest. If any physical activity is undertaken, discomfort is increased.	Objective evidence of severe cardiovascular disease

* Measures such as EKG, stress test, x-ray, echocardiogram, and/or radiologic images.