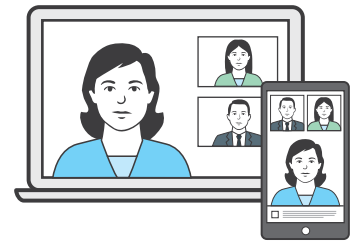


# Compassus Palliative Care via Telehealth

*Additional support for you and your patients  
during the coronavirus crisis*



Palliative care can give your patients relief from the symptoms, pain and stress of a serious illness and can improve quality of life. And a palliative care consult will encourage the Goals of Care conversations with patients and families.

**For your patients, a palliative care consult is now available via telehealth.**

## WHAT ARE THE TRIGGERS FOR A PALLIATIVE CARE CONSULT?

A consult is appropriate for a patient with a serious or chronic illness who:

- Has experienced a functional decline and/or unexplained weight loss
- Has had 2 or more hospitalizations or ER visits within 3 months for management of symptoms
- Has treatment wishes that are not aligned with those of their family or caregiver
- Is considering a permanent feeding tube
- Patients with new or exacerbated illness and or multiple comorbidities.
- Is having uncontrolled or debilitating symptoms despite optimal medical management

## WHAT CAN PALLIATIVE CARE HELP MANAGE?

- **Disease Co-management**
- **Medication Management**
- **Symptom Management**
- **Spiritual and Psychosocial Stress**
- **Advanced Care Planning or Goals of Care**

## WHAT IS NEEDED FOR A PALLIATIVE CARE TELEHEALTH CONSULT?

- Patient Information: Demographic sheet, H&P, MD notes, recent lab values or test results, recent hospitalization reports and insurance information.
- Physician order
- Completed referral form
- Zoom video technology via computer, smart phone or tablet.  
*Note: If none of these technologies are available, a consult may be performed over the phone.*

## HOW DO I BRING UP PALLIATIVE CARE WITH A PATIENT OR FAMILY?

Position palliative care as additional assistance for patients and families: “I would like to tell you about a program which could add an extra layer of support for you”

### How do I make a referral?

Contact one of our Compassus Palliative Care Locations

<https://www.compassus.com/services/palliative-care>