FLACC SCALE - (Face, Legs, Activity, Cry, Consolability)

Instructions: Rate patient in each of the five measurement categories. Add together to determine total pain score.

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FACE</strong></td>
<td>No particular expression or smile, eye contact and interest in surroundings</td>
<td>Occasional grimace or frown, withdrawn, disinterested, worried look to face, eyebrows lowered, eyes partially closed, cheeks raised, mouth pursed</td>
<td>Frequent to constant frown, clenched jaw, quivering chin, deep furrows on forehead, eyes closed, mouth opened, deep lines around nose/lips</td>
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<tr>
<td><strong>LEGS</strong></td>
<td>Normal positions or relaxed</td>
<td>Uneasy, restless, tense, increased tone, rigidity, intermittent flexion/extension of limbs</td>
<td>Kicking or legs drawn up, hypertonicity, exaggerated flexion/extension of limbs, tremors</td>
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<tr>
<td><strong>ACTIVITY</strong></td>
<td>Lying quietly, normal position, moves easily and freely</td>
<td>Squirming, shifting back and forth, tense, hesitant to move, guarding, pressure on body part</td>
<td>Arched, rigid, or jerking, fixed position, rocking, side to side head movement, rubbing of body part</td>
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<tr>
<td><strong>CRY</strong></td>
<td>No cry or moan (awake or asleep)</td>
<td>Moans or whimpers, occasional cries, sighs, occasional complaint</td>
<td>Crying steadily, screams, sobs, moans, grunts, frequent complaints</td>
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<tr>
<td><strong>CONSOLABILITY</strong></td>
<td>Calm, content, relaxed, does not require consoling</td>
<td>Reassured by occasional touching, hugging, or talking to, distractible</td>
<td>Difficult to console or comfort</td>
</tr>
</tbody>
</table>

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