Flacker Mortality Index

Use the Flacker Mortality Score and the Resident Assessment Instrument to complete the chart below.

Resident characteristic	Scoring chart	Score
Functional Ability Score*	If summary Functional Ability Score is greater than 4, score 2.50	
Weight loss	If lost five or more pounds in the last 30 days, or 10 or more pounds in the last 180 days, score 2.26	
Shortness of breath	If patient has shortness of breath, score 2.08	
Swallowing problems	If patient has swallowing problems, score 1.81	
Gender	If male, score 1.76	
Body mass index	If BMI is less than 22 kg/m, score 1.75	
Congestive heart failure	If patient has CHF, score 1.57	
Age	If greater than 88 years old, score 1.48	
	Total score	

*To derive the Functional Ability Score, use MDS data for the following seven items: bed mobility, transferring, eating, toileting, hygiene, locomotion on unit and dressing. Each item is scored on a scale of 0 (no impairment) to 4 (high impairment), yielding a summary scale score ranging from 0-28.

If total score is:	Probability of dying within one year is approximately:
0-2	7 percent
3-6	19 percent
7-10	50 percent
11+	86 percent

Source: Derived from Flacker, J.M., and Kiely, D.K. A practical approach to identifying mortality-related factors in established long-term care residents. Journal of the America Geriatrics Society, 1998, 46(8): 1012-1015.

